

Level II . Clinical/Medical Hypnotherapist- ACHT and Hypnotherapist -ACHE

- How psychological problems form.
- Overcoming anxiety and panic disorders
- What a phobia is and how to deal with them
- Specific fears
- Fear of public speaking
- Gil Boyne book read and discussed
- Instant and fast inductions demo and practice
- In class practice
- Using hypnotherapy to overcome fears
- Fear of failure in sports, academics, sales etc
- What is “choking” in performance and how to deal with it
- The “phonological loop”.
- Dealing with mild to moderate depression
- When to refer
- In class practice
- Dealing with Post Traumatic Stress disorder
- Using hypnosis for secondary gain, how to recognize conversion disorder
- Psychosomatic health problems and hypnosis
- Dealing with negative behaviors
- Obsessive disorders
- Pediatric hypnosis
- Working with the parents
- ADHD
- Understanding NLP-language patterns
- Basics of using NLP as a hypnotherapist
- Learning Fast Phobia Technique
- Using “anchoring”
- The business of hypnosis
- Setting up a practice
- Using networking to build business
- Public speaking to develop client base
- Regression
- In class use of scripts for regression to positive memory
- Medical hypnosis
- Using hypnosis in syndromes
- Irritable Bowel Syndrome
- Fibromyalgia
- Chronic Fatigue syndrome
- Chronic pain syndrome
- Pain management
- Hypnosis for fertility
- Review
- Outside volunteer observed sessions -Test- Graduation Level II 200 Hours